

Psychological Well-Being and Self-Concept of Male and Female Teachers

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ABSTRACT

The study was conducted to examine the Psychological well being and self-concept of male and female teachers. . It has been observed that people having a positive self-concept are healthy physically and psychologically and it is supposed to that such people are reared in an atmosphere of unconditional positive regard. The sample for the study consisted of 80 government and private secondary school teachers (40 Male and 40 Female). The investigator used Ryff & Kyes Psychological well-being scale and Pratibha Deo Self-Concept Inventory to collect the data. The data collected was subjected to various statistical treatments like mean, S.D. and t-test. After analyzing the data it has been found that there was no significant difference in Psychological well being and self-concept of male and female teachers.

Key words: Psychological well being, Self concept, psychologically, Self concept inventory